

Strawberry Agua Fresca

Yield: 2-3 servings

1 lb strawberries, stems removed and sliced in half

2 1/2 cups cold water

3 to 4 tablespoons sugar

juice of two limes

Puree the strawberries in a blender. Set a fine mesh strainer on top of a pitcher and pour the strawberries through to filter out the seeds. Push the strawberries into the strainer to release all of the juices. Discard the seeds. Add water, sugar and lime juice to the pitcher; stir well until sugar dissolves. Chill or pour into individual cups with ice before serving.

Source: Adapted from [Eat Live Run](#)