Rich Vanilla Frozen Yogurt

Yield: About 1 quart

3 cups Greek-style yogurt3/4 cup sugar1 teaspoon vanilla extract

In a large bowl, stir together the yogurt, sugar and vanilla until the sugar is completely dissolved. Chill in the refrigerator for 1 hour. Freeze in your ice cream maker according to the manufacturer's instructions.

Source: The Perfect Scoop, by David Lebovitz